Comment Bien Vieillir – Stay Young Longer

“Aging with Passion”

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Wow! Look at all the opportunities!
Secrets for Aging Well & with Passion

- Purpose
- Passion
- Control
- Reaching outwards
- Social contact
- Spirituality
How you age depends on how you choose to live!
People who have a positive attitude towards age live an average of 7.5 years longer.

Yale University & The National Institute on Aging, USA
As thought leaders & role models who are sculpting our world, we have a mandate to ourselves and to future generations to grow a positive attitude towards aging.
The Challenge

Flaunt your age!

Live your age with passion.