



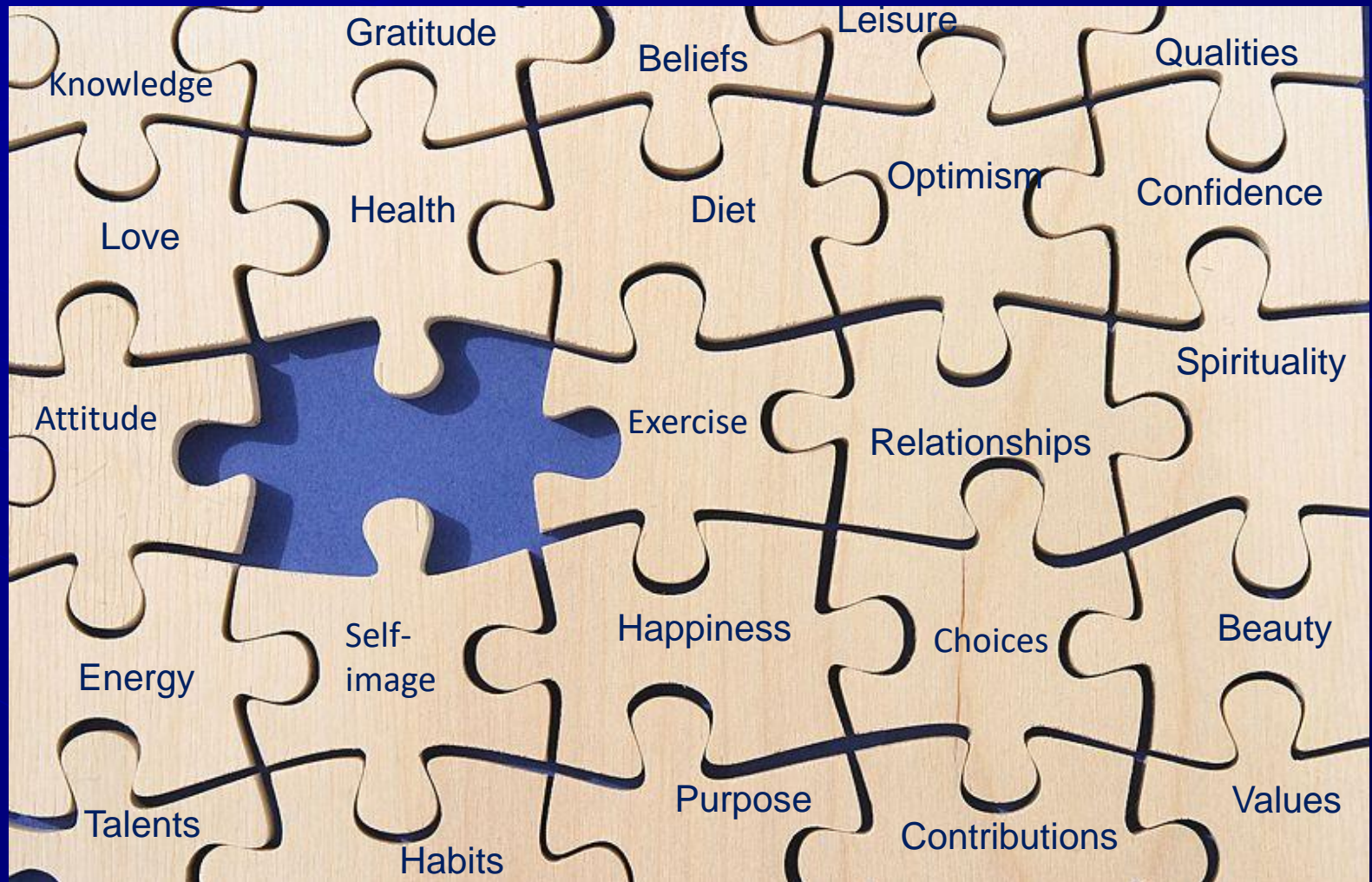
Comment Bien Vieillir – Stay Young Longer

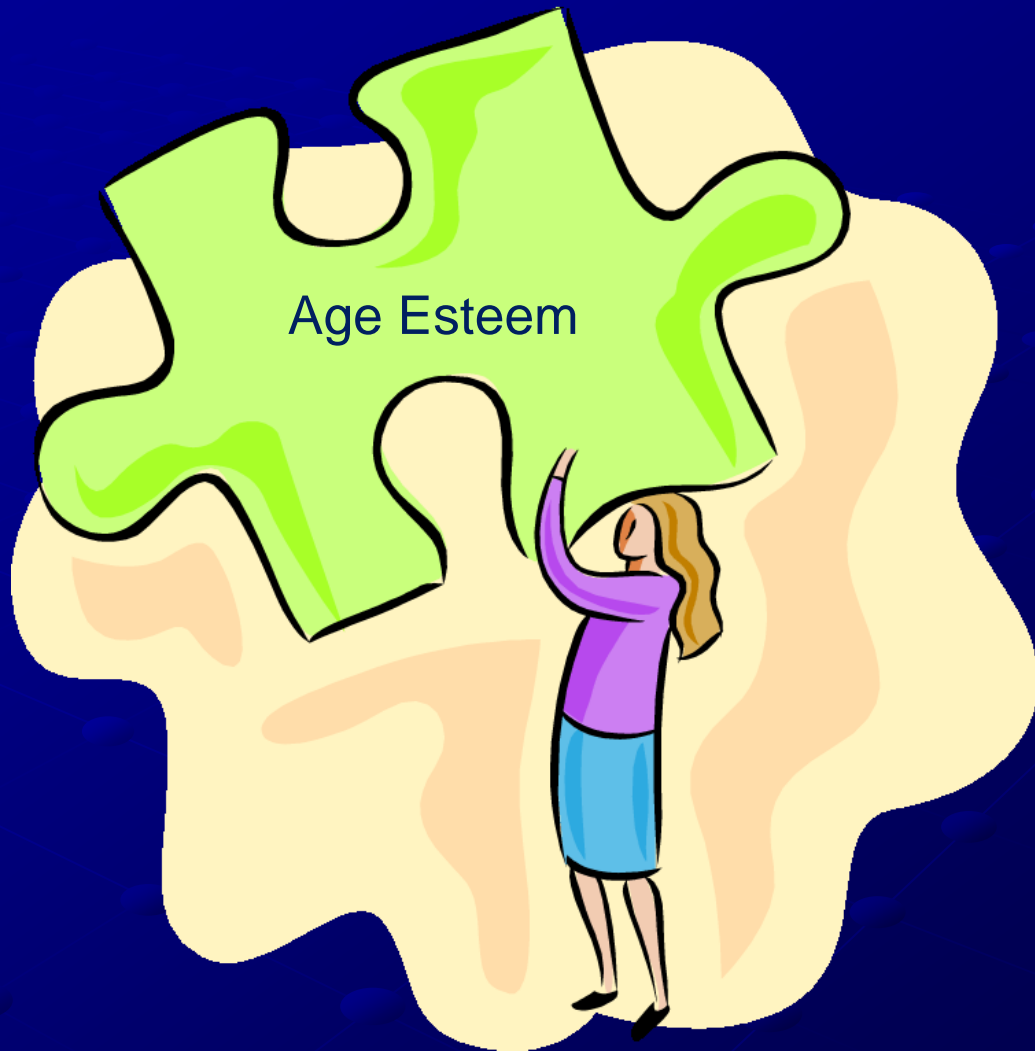
“Aging with Passion”

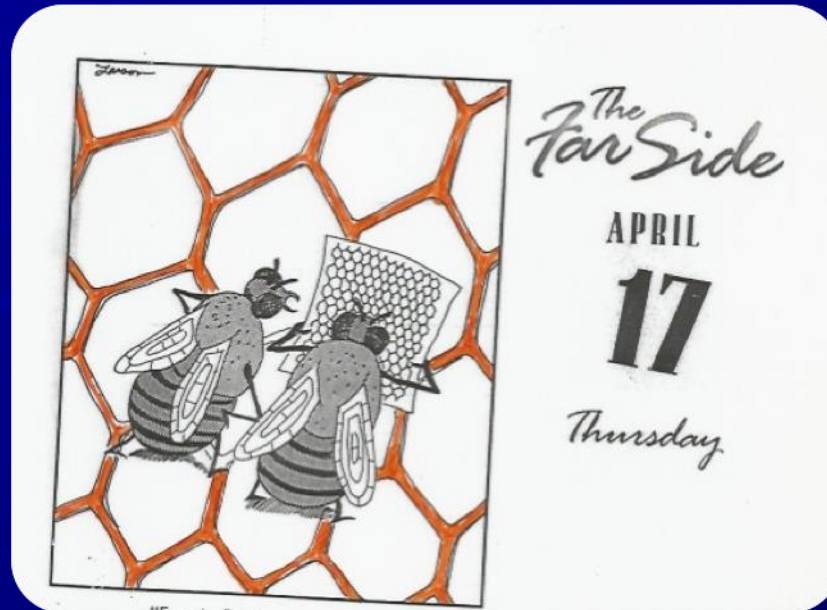
Bonnie Fatio, AgeEsteem®

ILO, Geneva

14th May 2018







Wow! Look at all the opportunities!



Secrets for Aging Well & with Passion

- ☐ Purpose
- ☐ Passion
- ☐ Control
- ☐ Reaching outwards
- ☐ Social contact
- ☐ Spirituality



**How you age depends on how
you choose to live!**



**People who have
a positive attitude towards age
live an average of 7.5 years longer.**

Yale University & The National Institute on Aging, USA



As thought leaders & role models who are sculpting our world, we have a mandate to ourselves and to future generations to grow a positive attitude towards aging.



The Challenge

Flaunt your age!

Live your age with passion.